

What Are Excipients?

Excipients are binders, fillers and "glues" that are typically non-nutritive substances in nutritional products.
These substances often test toxic.

Would you want to consume anything that is not nutritive?

We believe it is unnecessary to take nutritional products that have questionable, potentially toxic, non-nutritive excipients.

Please note: Tablets ALWAYS contain excipients (that is how they are made; they cannot be made without them); therefore, it is wisest to especially avoid nutritional products as tablets.

Just a few examples of questionable excipients commonly found in nutritional products:

Magnesium stearate -- a cheap lubricating agent; research shows it to be immune-compromising

Methyl paraben -- a benzoate family member; a known cancer-causing agent

Microcrystalline cellulose -- a cheap filler

Silicon dioxide -- a cheap flowing agent (common sand)

Natural flavors -- an AKA for MSG (monosodium glutamate), a well known neurotoxic agent

Methacrylic copolymer -- methacrylic acid, a component of the methacrylic acid copolymer, has been reported to act as a teratogen in rat embryo cultures.

Triethyl citrate -- a plasticizer

Titanium dioxide -- used for color; liver toxic

Corn starch -- typically from cheap GMO corn; can invoke allergic responses

Talcum powder -- a common excipient rarely not listed on product labels; a suspected carcinogen

Other Questionable but Common Tableting and Encapsulating Agents

D&C red #33 Propylparaben Hydroxypropyl methylcellulose

Hydroxypropyl cellulose Polyethylene glycol Red ferric oxide-orange shade

Methyl p-hydroxybenzoate Propyl p-hydroxybenzoate Sodium acetate

Methylparaben Sodium metabisulfite Eudragit

